Welcome to First Congregational Church of St. Albans Lenten Meditation Walk in Taylor Park!

- Please park in FCC's parking lot (27 Church St, between FCC and the Courthouse). After you park walk toward Taylor Park (across the street from FCC).
- **The First Meditation** is by FCC's circular Pollinator's Garden with the Apple Tree in the middle. This is by FCC's portico and handicap entrance.
- Make a left out of the parking lot—staying on the sidewalk. In front of the courthouse cross Church St and take the ramp to go
 into Taylor Park.
- The Second Meditation is by the tree directly across from the bottom of the ramp.
- Walk along the path that runs parallel to Church St toward Fairfield St. Walk beyond the WWI Memorial Statue; turn right pause at the musical instruments.
- The Third Meditation is by the musical instruments.
- Continue along the musical instrument path. Bear right by the first lamp post—take the middle path. The flag pole will be on your right. Continue until you reach the circular garden.
- The Fourth Meditation is around the circular garden. Walk a full circle counter-clockwise and then clockwise.
- Take the left hand path (closest to No. Main St) to the left hand side of the fountain.
- **The Fifth Meditation** is by the Rotary Bench.
- Continue around to other side of the fountain.
- The Sixth Meditation is by the Smith/Douglas Bench turning to look at the fountain.
- Walk along the path that runs parallel to the path that took you to the fountain (the side closest to Church St.) At the circular garden make a left, return to the Church St ramp. Leave the park and return to FCC.
- The Seventh Meditation FCC's sanctuary steps. If you are doing the meditation on Good Friday between 4-5pm you may do the final meditation in the sanctuary while listening to Stephan play meditative music on the organ



Lenten Meditation Walk, Taylor Park:

Walk slowly to each location. Pause to read the prayer & pray.



1 (Pollinator Garden by Handicap Entrance FCC)

O Creator of all that is, Seen and unseen, Who shows us the Way, Through the Mystery of Time And the changes that mark its passage: Help us to open our hearts to compassion And our minds to understanding As we accept our past year's Journey And orient ourselves anew to the Path Of Faith, Hope, and Love.

Use the ramp on Church St. to enter Taylor Park 2 (Tree across from the bottom of the ramp.)

This year of the Pandemic We have not met others in The usual public places: libraries, churches, assembly halls, sports arenas, theaters. We miss the possibilities of Social transformation.

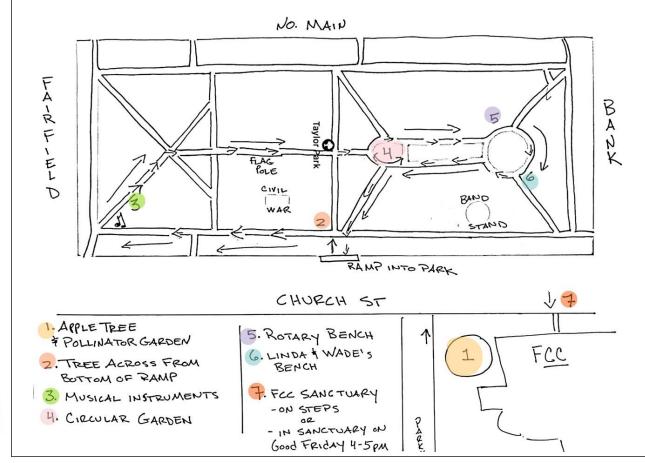
3 (Musical Instruments)

Our private lives have not known The ease of carefree association. We have missed the delights of Shared food and music, Of hugs hello, And hugs goodbye . . .

4 (Circular Garden. Walk a full circle counterclockwise, and a full circle clock-wise as you contemplate God's world and your inner resources.)

But we accept God's world as it is And discover Inner resources, Other ways to know ourselves, And are reminded that The Kingdom of Heaven Is within.





5 (Rotary Bench, read the bench, then pray.)

Teach us to truly seek
The light that does not dim,
The joy that does not wane.
Help us to live in your Mystery
With willing hearts.

6 (Smith/Douglas Bench, turn to look at the fountain.)

Help us to let go
Of burdens that do not
Speed us on our journey home
To You.
We have carried some burdens
So long
That we are not even aware

That we are not even aware
That we can put them down.
Some have become so familiar that
We think they are
Part of us.

Help us to lighten our load.

7 (FCC Sanctuary Steps or in the Sanctuary on Good Friday 4-5pm)

We are ready to live in your world, Ever seeking You With open hearts. Amen



